

## Ordliste seilbegrep Norsk-Engelsk

<i>Norsk</i>	<i>Engelsk Alternativ 1</i>	<i>Engelsk Alternativ 2</i>
<i>Babord</i>	Port	
<i>Baug</i>	Bow	
<i>Blokk</i>	Block	
<i>Bølge</i>	Wave	
<i>Bølgedal</i>	Trough	
<i>Bølgetopp</i>	Crest	
<i>Forlik</i>	Front leach	Forward leach
<i>Første kryss</i>	First beat	First up wind
<i>Gate</i>	Gate	
<i>Harestart</i>	Rabbit start	Gate start
<i>Hekk</i>	Stern	
<i>Helling</i>	Heeling	
<i>Henge ut</i>	Hike	Hiking
<i>Høyre</i>	Right	
<i>Jibbe</i>	Jibing	
<i>Justere skjøte</i>	Play with the sheet	
<i>Kikk</i>	Wang	
<i>Kjøl</i>	Center board	Dagger board
<i>Krysse</i>	Beat, beating	
<i>Kryssmerke</i>	Windward mark	Upwind mark
<i>Lagseiling</i>	Team racing	
<i>Landmerke</i>	Transit	
<i>Le</i>	Lee boat	
<i>Lens</i>	Down wind	Going down wind
<i>Lensemerke</i>	Downwind mark	
<i>Lik</i>	Leach	
<i>Lisse</i>	Sail tie	
<i>Lus</i>	Tell tails	
<i>Mast</i>	Mast	
<i>Mastelogg</i>	Mast rake	
<i>Plass</i>	Water	Room, Aqua
<i>Redningsvest</i>	Life west	
<i>Ri amerikaner</i>	Heeling	
<i>Ribukse</i>	Hiking pants	
<i>Rigge</i>	Rig	
<i>Ristropp</i>	Hiking strap	
<i>Rom slør</i>	Broad reach	
<i>Ror</i>	Rudder	

<i>Rorkult</i>	Tiller	
<i>Rorkultforlenger</i>	Tiller extension	
<i>Rulleslag</i>	Roll tack	
<i>Seile negativt</i>	Sailing by the lee	
<i>Skjøte</i>	Main sheet	
<i>Slepetau</i>	Tugging lang	
<i>Slør</i>	Reach	
<i>Sløre</i>	Reaching	
<i>Sløremerke</i>	Reaching mark	
<i>Slå</i>	Tack	
<i>Spile</i>	Sail batten	
<i>Spri</i>	Sprit	
<i>Spristake krok</i>	Sprit tack	
<i>Strikk</i>	Elastic	
<i>Stramme inn skjøte</i>	Tighten the sheet	
<i>Styrbord</i>	Starboard	
<i>Styre i bølgene</i>	Steering in the waves	
<i>Ta kraften ut av</i>	Depowering	
<i>Trykk</i>	Pressure	
<i>Tyvstart</i>	OCS	Over early
<i>Uthal</i>	Outhaul	
<i>Vaker</i>	Burgee	Wind indicator
<i>Venstre</i>	Left	
<i>Vindrosse</i>	Gust	
<i>Vindskift</i>	Wind shift	
<i>Øse</i>	Bail	Bailing
<i>Øsekar</i>	Bailer	